



# Summer fun can mean happy tummies

Summer is full of special treats and activities. Unfortunately, some of these can also lead to discomfort from gas, bloating, and acid indigestion. The following tips can help your child enjoy all the season has to offer, comfortably.

## Keep cool

To beat the heat, nothing's better than an ice-cold beverage or milkshake—but skip the straw. Many kids suck liquid as well as excess air into the stomach, which can lead to gas.



## Take a "time out"

Encourage kids to wait a few minutes after eating before running around, swimming, or playing, to avoid gas and bloating.



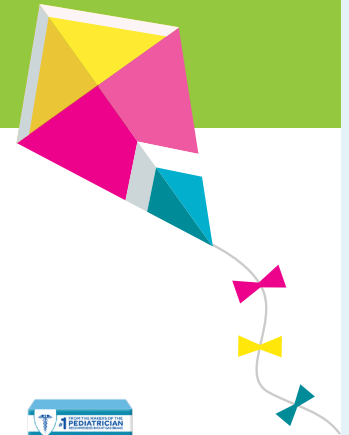
## Now that's party planning

Summer parties can be a recipe for overeating—and the indigestion and gas that may result. Have your child choose a few favorite foods and ignore the rest.



## When tummy discomfort can't be prevented, turn to Children's Mylicon<sup>®</sup> for relief

Works on contact to quickly soothe upset tummies due to bloating, gas, and discomfort from acid indigestion and overeating. Combines the antigas medicine pediatricians recommend most with a soothing antacid for more complete, all-in-one relief for kids ages 2 through 11.



### Children's Mylicon<sup>®</sup> All-in-One Tummy Relief Liquid (Bubble Gum Flavor)

AGE	WEIGHT	DOSAGE (mL)
Under 2 years	Under 24 lbs	Ask a doctor
2-5 years	24-47 lbs	5 mL – <i>Not more than 15 mL in 24 hours</i>
6-11 years	48-95 lbs	10 mL – <i>Not more than 30 mL in 24 hours</i>

### Children's Mylicon<sup>®</sup> Tummy Relief Chewables (Cherry Flavor)

AGE	WEIGHT	DOSAGE
Under 2 years	Under 24 lbs	Ask a doctor
2-5 years	24-47 lbs	1 tablet – <i>Not more than 3 tablets in 24 hours</i>
6-11 years	48-95 lbs	2 tablets – <i>Not more than 6 tablets in 24 hours</i>



Use products only as directed.

Do not use the maximum dosage for more than 2 weeks except under the advice and supervision of a doctor.

**Active ingredients:** calcium carbonate (antacid) 400 mg per tablet; simethicone (antigas) 40 mg per tablet.

**Important:** Ask a doctor or pharmacist before use if your child is taking a prescription drug. Antacids may interact with certain drugs. See full directions on product package.

To learn more, go to [Mylicon.com](http://Mylicon.com)