



# For pediatric patients' health and well-being, sleep matters

## As part of a holistic approach, Zarbee's® Naturals melatonin can help get sleep routines back on track\*

- Clinically supported, age-appropriate melatonin dosing in 1 mg increments
- For occasional sleeplessness



### Recommend Zarbee's Naturals Children's Sleep products made with high-quality, USP-grade melatonin

#### Safe and effective for children 3 years to 12+

- Made with melatonin<sup>†</sup> whose molecular structure is identical to natural melatonin
- Processed by the body in the same manner as naturally produced melatonin
- Drug-free and non-habit forming
- Helps promote sleep without next-day grogginess\*
- Rigorously tested for purity, quality, potency, and composition
- No alcohol, dyes, artificial flavors, or gluten



Dietary supplement



For kids 12+, consider our 3 mg Sleep with Melatonin Gummies.

## Administration

### How to use Zarbee's Naturals Children's Sleep with Melatonin

If your patient weighs less than 31 lbs (14 kg) or is under 3 years of age, these products are not recommended for use.

#### Zarbee's Naturals Children's Sleep Chewable Tablets and Gummies with Melatonin

Contain 1 mg USP-grade melatonin per tablet or gummy

<b>3-5 years</b>	At HCP's discretion; not to exceed 1 tablet or gummy
<b>6-12 years</b>	2 tablets or gummies
<b>12+ years</b>	3 tablets or gummies

Give 30 to 60 minutes before bedtime.

#### Zarbee's Naturals Children's Sleep Liquid with Melatonin

Contains 1 mg USP-grade melatonin per mL of liquid

<b>3-5 years</b>	At HCP's discretion; not to exceed 1 mL
<b>6-12 years</b>	2 mL
<b>12+ years</b>	3 mL

Using the provided dropper, give 30 to 60 minutes before bedtime.

### Melatonin has been shown to be safe and effective for children.

- Recent short- and long-term safety evaluations in children have demonstrated melatonin's favorable safety profile<sup>1-5</sup>
- Multiple studies have shown that melatonin improves sleep onset latency and sleep duration among children<sup>6-12</sup>

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

†Made with care by the experts at Zarbee's Naturals. †IQVIA Survey Data, 2020.

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